



The ISHIB Campaign for Reducing Cardiovascular Health Disparities

ISHIB Daily Glucose Log for Patients Taking Insulin

Week Starting _____

	Insulin Types	Breakfast		Lunch		Dinner		Bedtime		Other		Notes
		Dose	Blood Sugar	Dose	Blood Sugar	Dose	Blood Sugar	Dose	Blood Sugar	Dose	Blood Sugar	
Mon												
Tues												
Wed												
Thur												
Fri												
Sat												
Sun												